

# alzheimer's association®

Presents:

## My Time to...Refresh!

A support group for African American caregivers and family members to socialize, learn about local resources and programs, gain emotional support and refresh from the day to day responsibilities of caregiving.



### 2016 Meeting Dates:

January 13  
February 10  
March 9  
April 13  
May 11  
June 8

July 13  
August 10  
September 14  
October 12  
November 9  
December 14

### Time & Location:

2:00pm to 3:00pm

**Empath Health**  
3050 1st Ave S  
St. Petersburg, FL 33712

For additional questions please contact Cyrena Duncan at 727-259-2318 or Karen Davis-Pritchett at 727-773-7638.

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